



My Strengths and Values

My Personal Values are:

- 1.
- 2.
- 3.



My SWOT Analysis:

<p>Strengths (What am I already good at that is important to my values?)</p>	<p>Weaknesses (What else do I need to work on to achieve my values?)</p>
<p>Opportunities (What practical steps can I take to address my weaknesses?)</p>	<p>Threats (What might hinder me improving my strengths and how might I overcome them?)</p>